

Åshöjdenloppet

19 Oktober 2025

6 km Damer

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	885	FRIDLUND Paulina		Härlövs IF	1	0:28:35,4	00:00:00
2	1029	PERSSON Yasmine		Klippans FK	1	0:29:48,6	00:01:13
3	1027	OLSSON Elin		Hässleholm Freeflow Running	1	0:29:57,0	00:01:22
4	1021	MÅNSSON Liv		Örkelljunga FK	1	0:30:10,6	00:01:35
5	871	ERIKSSON Caroline			1	0:30:23,8	00:01:48
6	548	ALFSSON Nathalie		Örkelljunga Kommun	1	0:30:36,0	00:02:01
7	936	HANSSON Kajsa AK		FK Snapphanarna	1	0:31:29,6	00:02:54
8	1227	HELLBERG Camill			1	0:31:37,8	00:03:02
9	1038	TALMID JOHANSSON Reecca		Påarps Skola	1	0:33:24,9	00:04:49
10	1011	JOHANSSON Emilia		Gantofta	1	0:33:34,2	00:04:59
11	682	BJÖRKLUND Camilla			1	0:33:40,5	00:05:05
12	1132	SANDIN Hanna		Åsljunga-Pallen AB	1	0:33:44,9	00:05:09
13	1031	QVICK Amelie			1	0:33:56,5	00:05:21
14	648	AXELSSON Helene		Söderåsens FK	1	0:34:21,0	00:05:46
15	681	BERGMAN Heidi			1	0:34:38,3	00:06:03
16	1020	MOLINA Irma		Ekets Golf	1	0:35:39,8	00:07:04
17	692	BORG Lina			1	0:36:41,1	00:08:06
18	1184	SJÖDAHL Emma		Kupolen Friskvårdcenter	1	0:36:48,1	00:08:13
19	1190	LUNDIN Signe		Röke IF	1	0:36:48,1	00:08:13
20	832	EK Stina		Örkelljunga Kommun	1	0:36:58,3	00:08:23
21	645	ANDERSSON Emilia		Örkelljunga Kommun	1	0:36:59,3	00:08:24
22	691	BOO Maja		Påarps Skola	1	0:37:00,1	00:08:25
23	1025	NILSSON Linda		Påarps Skola	1	0:37:00,6	00:08:25
24	960	HULTQVIST Nicolina			1	0:37:01,1	00:08:26
25	1041	ÜNSOY Özge			1	0:37:01,6	00:08:26
26	950	HJÄLTE Pia		Kupolen Friskvårdcenter	1	0:37:39,2	00:09:04
27	1028	PERSSON Pia		FK Snapphanarna	1	0:37:43,0	00:09:08
28	1042	ZANDER Sara			1	0:38:32,6	00:09:57
29	905	HALL Felicia		Åsbo Hus AB	1	0:38:54,4	00:10:19
30	1023	NILSSON Inger		Åsljunga-Pallen AB	1	0:39:17,6	00:10:42
31	1013	KARLSSON Pernilla		GILLE	1	0:39:42,9	00:11:07
32	1009	JENSEN Frida			1	0:40:20,5	00:11:45
33	642	ANDERSSON Tanja		GILLE	1	0:40:25,9	00:11:50
34	649	BENGTSSON Annika			1	0:40:32,4	00:11:57
35	1032	RUNDWALL Petronella			1	0:40:34,7	00:11:59
36	1194	ROSLUND Karin			1	0:41:25,0	00:12:50
37	1010	JENSEN Pernille			1	0:41:57,4	00:13:22
38	1039	VIEBKE Gertie			1	0:42:17,6	00:13:42
39	1040	WOLDT Iga		Örkelljunga Kommun	1	0:42:27,4	00:13:52
40	1024	NILSSON Linnea		Åsljunga-Pallen AB	1	0:42:30,6	00:13:55
41	1216	WIBERG Johanna			1	0:42:35,4	00:14:00
42	550	ALMKVIST Kirre		Ängelholm	1	0:42:42,7	00:14:07
43	1016	LARSSON Hanna			1	0:42:51,8	00:14:16
44	1026	NÄSLUND Lotta		Vesljunga	1	0:42:53,5	00:14:18
45	743	BUI Cindy		Påarps Skola	1	0:43:08,4	00:14:33
46	926	HALLBERG Jenni		Hässleholm Freeflow Running	1	0:43:10,0	00:14:35
47	792	COPPOLA Marina		Team Coppola	1	0:43:40,8	00:15:05
48	785	CHARLIESON Lina		Hässleholm Freeflow Running	1	0:43:57,3	00:15:22
49	867	ERIKSSON Bethina			1	0:44:28,5	00:15:53
50	1192	GISELSSON Astrid			1	0:45:01,1	00:16:26
51	1185	SJÖDAHL Frida		Kupolen Friskvårdcenter	1	0:45:01,7	00:16:26
52	1037	SVENSSON Emma		Kupolen Friskvårdcenter	1	0:47:40,9	00:19:05
53	1022	NILSSON Clara		Kupolen Friskvårdcenter	1	0:47:40,9	00:19:05
54	1030	PETTERSSON Carina		Åsljunga-Pallen AB	1	0:48:17,1	00:19:42
55	1217	FRANSSON Jessika			1	0:48:44,7	00:20:09
56	680	BERG Ann-louise			1	0:50:00,0	00:21:25
57	1035	SJÖGAARDH Caroline		Hässleholm Freeflow Running	1	0:51:59,4	00:23:24
58	889	GREEN Lina		Team Green	1	0:52:26,5	00:23:51
59	1033	SAMUELSSON Yvonne		Söndraby runners	1	0:54:42,2	00:26:07
60	900	H NILSSON Anneli		Åsljunga-Pallen AB	1	0:55:10,5	00:26:35
61	767	CARBONNIER Malin		Örkelljunga Kommun	1	0:58:54,8	00:30:19
62	764	BÖRJESSON Asta		Åsljunga-Pallen AB	1	1:01:12,3	00:32:37
63	1015	KARLSSON Johanna		Åsljunga-Pallen AB	1	1:05:19,4	00:36:44
64	760	BÖRJESSON Edith		Åsljunga-Pallen AB	1	1:05:21,8	00:36:46

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65	1006	HÅKANSSON Mona	Åsljunga-Pallen AB	1	1:05:35,0	00:37:00
66	1200	OLSSON Clara		1	1:07:16,7	00:38:41
67	1187	WIK ELANDER Elin		1	1:07:25,9	00:38:50
68	1186	HANSEN Marie-Louise		1	1:07:26,2	00:38:51
69	1210	AXELSSON Linda		1	1:09:26,0	00:40:51
70	1007	HÅKENRUD Linnea	Åsljunga-Pallen AB	1	1:15:05,3	00:46:30
71	1008	HÅKENRUD Louise	Åsljunga-Pallen AB	1	1:15:07,7	00:46:32
72	1034	SIRAKAYA Aysegul	Åsljunga-Pallen AB	1	1:43:45,3	01:15:10
DNS	883	ERIKSSON Emily	Åsljunga-Pallen AB	0		
DNS	798	EHRENPRIS Sofia	Örkelljunga Kommun	0		
DNS	665	BENGTSOON Chalita	Örkelljunga Kommun	0		
DNS	939	HANSSON Ingela	Örkelljunga Kommun	0		
DNS	1018	MACKINTOSH Sofia		0		
DNS	1019	MALMBERG Susanne		0		
DNS	1017	LUNDIN Ronja		0		
DNS	1012	JOHANSSON Maritta	Åsljunga-Pallen AB	0		
DNS	1014	KARLSSON Sophie	Örkelljunga Kommun	0		
DNS	1036	SJÖSTRAND Ann-Charlotte	Örkelljunga Kommun	0		

6 km Herrar

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	1070	KARLSSON Kristoffer		Uf contact	1	0:25:59,2	00:00:00
2	1072	KÄMPE Isak		Ängelholms IF	1	0:26:00,0	00:00:01
3	1085	PERSSON Sixten		SK Graal	1	0:26:01,0	00:00:02
4	1050	DAHLSTEDT Frans			1	0:26:04,0	00:00:05
5	1044	BRANDT Fredrik			1	0:26:05,0	00:00:06
6	1065	JONSSON Jonathan			1	0:26:55,8	00:00:56
7	1198	JOHANSSON Cristian		Örkelljunga FK	1	0:27:01,3	00:01:02
8	1206	OLOFSSON Nils-Arvid			1	0:27:33,3	00:01:34
9	1067	JÖRGENSEN Marwin		Ekets Golf	1	0:28:23,8	00:02:24
10	1088	RANBRO Mats		Helsingborgs SOK	1	0:28:32,8	00:02:33
11	1094	SJÖDAHL Kirstofer		Kupolen Friskvårdcenter	1	0:28:45,4	00:02:46
12	1069	KARLSSON Tommy		Hässleholm Freeflow Running	1	0:28:52,1	00:02:53
13	1083	NILSSON Johan		Åsljunga-Pallen AB	1	0:28:54,8	00:02:55
14	1073	LENDERSSON LYNNE Henrik			1	0:28:55,2	00:02:56
15	1193	AUGUSTSSON Ingvar			1	0:29:49,8	00:03:50
16	1090	RUNDWALL Pieter			1	0:30:12,0	00:04:13
17	1188	BERG Daniel			1	0:30:37,6	00:04:38
18	1077	MACKINTOSH Lance			1	0:30:53,5	00:04:54
19	1078	MACKINTOSH David			1	0:30:57,8	00:04:58
20	1098	VERNERSSON Christer		FK Snapphanarna	1	0:32:00,3	00:06:01
21	1225	NILSSON Bengt			1	0:32:17,0	00:06:18
22	1060	HÅKENRUD Johnny		Åsljunga-Pallen AB	1	0:32:33,7	00:06:34
23	1189	BRINK Stefan		Markaryds FK	1	0:33:01,6	00:07:02
24	1093	SANDIN Olof		Åsbo Hus AB	1	0:33:26,7	00:07:27
25	1101	ZANDER Love			1	0:33:31,7	00:07:32
26	1087	PÅLSSON Calle		Visseltofta	1	0:33:37,8	00:07:38
27	1057	HARDEN Adrian		FK Boken	1	0:33:39,6	00:07:40
28	1071	KOJIC Sead		GILLE	1	0:34:15,7	00:08:16
29	1080	NILSSON Benny		Mickes Lackservice	1	0:34:18,4	00:08:19
30	1097	SÖRENSEN Roham		Påarps Skola	1	0:35:01,3	00:09:02
31	1066	JOSEFSSON Anders		Örkelljunga FK	1	0:35:13,4	00:09:14
32	1048	COPPOLA Kevin		Team Coppola	1	0:35:13,7	00:09:14
33	1204	HÅKANSSON Magnus			1	0:35:49,2	00:09:50
34	1074	LJUNGKVIST Alfons		Run, Alfons, run!	1	0:35:56,4	00:09:57
35	1195	ROSLUND Jonas			1	0:37:07,1	00:11:08
36	1092	SAMUELSSON Peter		Söndraby runners	1	0:37:17,8	00:11:18
37	1054	GRENSTEDT Mikael			1	0:37:36,1	00:11:37
38	1099	WAHLSTRÖM Jon		Kupolen Friskvårdcenter	1	0:37:39,7	00:11:40
39	1051	DEWENS Kaj			1	0:38:05,1	00:12:06
40	1183	SJÖDAHL Olle		Kupolen Friskvårdcenter	1	0:38:31,2	00:12:32
41	1082	NILSSON Stefan		Åsljunga-Pallen AB	1	0:38:40,1	00:12:41
42	1081	NILSSON Wille			1	0:39:08,4	00:13:09
43	1228	MONSSON Thomas			1	0:39:40,9	00:13:41
44	1075	LUNDBLAD Göran		Skåneligan	1	0:40:24,4	00:14:25
45	1096	SJÖGAARDH Rolf		Hästhult AIK	1	0:41:18,4	00:15:19

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46	1095	SJÖGAARDH Rickard	Hässleholm Freeflow Running	1	0:41:46,3	00:15:47
47	1084	OLSSON Johan	Hässleholm Freeflow Running	1	0:41:46,7	00:15:47
48	1047	CECUNJANIN Amar	Åsljunga-Pallen AB	1	0:43:11,7	00:17:12
49	1049	COPPOLA Milton	Team Coppola	1	0:43:35,2	00:17:36
50	1086	PETERSSON Anton	Åsljunga-Pallen AB	1	0:44:36,1	00:18:37
51	1076	LÖNNERHEDEN Henric		1	0:44:36,7	00:18:37
52	1222	TELJE Jon	FK Boken	1	0:45:56,0	00:19:57
53	1043	BORGAARD Arne	Åsljunga-Pallen AB	1	0:47:48,4	00:21:49
54	1068	KARLSSON Leif	Uf contact	1	0:48:54,5	00:22:55
55	1052	GREEN Lion	Team Green	1	0:49:50,7	00:23:51
56	1053	GREEN Johan	Team Green	1	0:49:59,0	00:24:00
57	1062	ISBERG Mattias	Hässleholm Freeflow Running	1	0:52:00,0	00:26:01
58	1046	CECUNJANIN Sadrija	Åsljunga-Pallen AB	1	1:03:34,9	00:37:35
59	1045	BÖRJESSON Johannes	Åsljunga-Pallen AB	1	1:05:20,3	00:39:21
60	1059	HÅKANSSON Svenne	Åsljunga-Pallen AB	1	1:05:26,4	00:39:27
61	1089	RICHT Magnus	Springmaskarna	1	1:20:17,2	00:54:18
62	1100	WALLDAU Tim	Springmaskarna	1	1:20:19,2	00:54:20
63	1064	JOHANSSON Edvin	Åsljunga-Pallen AB	1	1:43:44,3	01:17:45
64	1058	HEMMESTORP Alexander	Åsljunga-Pallen AB	1	1:43:44,3	01:17:45
DNS	1055	HALL Jonas	Åsbo Hus AB	0		
DNS	1079	MALMBERG Viktor		0		
DNS	1061	HÅKENRUD Anton	Åsljunga-Pallen AB	0		
DNS	1063	JOHANSSON Bengt	Åsljunga-Pallen AB	0		
DNS	1102	ZETHEN Nikolaj		0		
DNS	1091	SALOMONSSON Mikael		0		

12 km Damer

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	1128	POLANSKY Gabriella			1	0:52:43,3	00:00:00
2	1127	PAULSSON Lina			1	0:54:00,4	00:01:17
3	1129	RANBRO Signe		Helsingborgs SOK	1	0:56:03,8	00:03:20
4	1221	TELJE Linda		FK Boken	1	0:56:10,6	00:03:27
5	1197	NILSSON Jennifer			1	0:57:04,4	00:04:21
6	1203	JACOBSSON Julia		Ysby	1	0:58:29,0	00:05:46
7	1108	ERIKSSON Alva		Ängelholms IF	1	1:00:00,8	00:07:17
8	1106	BLOMSTERBERG Emma		FK Snapphanarna	1	1:02:30,9	00:09:47
9	1201	HOLMSTRAND Elin		SK Graal	1	1:03:13,8	00:10:30
10	1107	ENBERG Charlotta			1	1:04:01,4	00:11:18
11	1119	LEWIS Johanna			1	1:04:53,9	00:12:10
12	1130	RANBRO Linda		Helsingborgs SOK	1	1:06:34,1	00:13:51
13	1123	MÖRK Lotta		Hässleholms AIS	1	1:07:09,3	00:14:26
14	1113	JOHANSSON Sussi			1	1:07:12,2	00:14:29
15	1115	KÄMPE Annika		Örkelljunga Kommun	1	1:10:20,3	00:17:37
16	1112	ISMAIL Salima		Live-Laugh-Loaf	1	1:10:38,3	00:17:55
17	1118	LETTERKRANTZ Victoria		Örkelljunga Kommun	1	1:11:02,9	00:18:19
18	1191	WISNIEWSKA Ewa		Söderåsen FK	1	1:11:58,9	00:19:15
19	1131	ROSELL Annika		CORIDE	1	1:12:44,0	00:20:01
20	1103	ANDERSSON Julia			1	1:12:50,6	00:20:07
21	1224	GRIBBING Linnea		Shoot	1	1:12:55,9	00:20:12
22	1124	NIELSEN Petra		Anderssons trafikskola	1	1:13:26,3	00:20:43
23	1120	LILJEBERG Karin		Söderåsen FK	1	1:14:22,0	00:21:39
24	1126	OLSSON Marie		Örkelljunga FK	1	1:14:38,7	00:21:55
25	1104	BENGTTSSON Karolina		Åsljunga-Pallen AB	1	1:17:17,5	00:24:34
26	1116	LARSSON Lina		Veberöd	1	1:18:41,2	00:25:58
27	1125	NILSSON Ingmarie		IS Göta	1	1:18:43,4	00:26:00
28	1213	ALTVIK Vera			1	1:18:44,2	00:26:01
29	1122	MAGYAR Zsuzsanna			1	1:18:50,3	00:26:07
30	1109	GUSTAVSSON Evelina			1	1:22:15,2	00:29:32
31	1114	KRISTOFFERSSON Sandra		Örkelljunga Kommun	1	1:26:23,9	00:33:40
32	1111	HEIMDAHL Sofie			1	1:26:30,4	00:33:47
33	1133	STURESÖN Marita		Löparglädje	1	1:27:25,6	00:34:42
34	1121	LINDBORG Cecilia		Löparglädje	1	1:27:37,1	00:34:54
35	1117	LARSSON Ebba		Veberöd	1	1:30:23,3	00:37:40
36	1105	BENIULIENE Lina			1	1:36:03,4	00:43:20
37	1208	SKOG Pernilla			1	1:36:19,2	00:43:36
38	1110	GUSTAVSSON Ingalill			1	1:36:19,4	00:43:36

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12 km Herrar

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	1165	OSKARSSON John		OK Pan-Kristianstad	1	0:45:19,2	00:00:00
2	1154	KÄMPE Elia		Ängelholms IF	1	0:46:15,4	00:00:56
3	1199	EDVARDSSON Joakim		Hässleholm Freeflow Running	1	0:47:40,2	00:02:21
4	1169	PERSSON Klas		SK Graal	1	0:47:58,2	00:02:39
5	1209	WESTBERG Adrian			1	0:51:03,5	00:05:44
6	1172	RANBRO Oskar		Helsingborgs SOK	1	0:52:16,7	00:06:57
7	1215	STIGMAR Martin		Hässleholm Freeflow Running	1	0:52:24,0	00:07:05
8	1202	WALLDÉN Linus		SK Graal	1	0:52:34,2	00:07:15
9	1136	BERGMAN Joakim		Söderåsens FK	1	0:54:52,0	00:09:33
10	1175	SANDIN Edward		Åsljunga-Pallen AB	1	0:55:20,1	00:10:01
11	1143	HOLMBERG Tobbe		Åsbo Hus AB	1	0:55:35,1	00:10:16
12	1140	GUNNARSSON Tomas		Gösarna	1	0:55:48,6	00:10:29
13	1168	PERSSON Oskar			1	0:55:55,8	00:10:36
14	1163	OLSSON Patrick			1	0:57:17,0	00:11:58
15	1160	MAHR Tony		Kupolen Friskvårdcenter	1	0:58:28,9	00:13:09
16	1148	JOHANSSON Andreas		Gråmanstorp runners club	1	0:58:55,6	00:13:36
17	1176	SMITHS HANSEN Svante		Påarps Skola	1	0:59:05,7	00:13:46
18	1171	POMMER Matti		FK Snapphanarna	1	0:59:09,3	00:13:50
19	1134	ANDERSSON Jesper		Örkelljunga Kommun	1	0:59:16,3	00:13:57
20	1178	STÖLTING Thomas		Tunnby runners	1	0:59:30,6	00:14:11
21	1137	BRINK Patrik		Hästhult AIK	1	0:59:42,4	00:14:23
22	1167	PERSSON Rasmus			1	0:59:53,1	00:14:34
23	1177	SMITS HANSEN Claus		Tunnby runners	1	0:59:59,1	00:14:40
24	1145	HÅKANSSON Anton		Påarps Skola	1	1:01:16,9	00:15:57
25	1139	GISELSSON Gabriel		Kupolen Friskvårdcenter	1	1:02:00,4	00:16:41
26	1150	JÖNSSON Karl-Magnus			1	1:02:40,4	00:17:21
27	1211	KEMPPAINEN Dag		Shantislöpare	1	1:03:59,1	00:18:40
28	1173	SAMUELSSON Johan		Atletiska Livet	1	1:04:12,8	00:18:53
29	1144	HULTBERG Ola		Åsbo Hus AB	1	1:04:20,2	00:19:01
30	1164	OLSSON Patrik		Åsbo Hus AB	1	1:04:55,4	00:19:36
31	1196	NILSSON Emil			1	1:05:11,5	00:19:52
32	1174	SANDIN Peter		Åsbo Hus AB	1	1:05:12,1	00:19:53
33	1207	MÖRK Per-Erik		HAIS	1	1:05:41,9	00:20:22
34	1138	CARBONNIER Fredrik		Hyngarps happiest	1	1:05:42,2	00:20:23
35	1159	LÖFGREN Hans-Fredrik			1	1:05:59,2	00:20:40
36	1162	OLSSON Martin		Örkelljunga FK	1	1:06:04,9	00:20:45
37	1218	FRANSSON Robin			1	1:06:19,7	00:21:00
38	1151	KARLSSON Krister		OK Nackhe	1	1:08:16,4	00:22:57
39	1181	WESTERLUND Petter		GILLE	1	1:08:46,7	00:23:27
40	1180	WESTER KRINGSTAD Knut			1	1:09:54,4	00:24:35
41	1212	ALTVIK Henrik			1	1:10:56,3	00:25:37
42	1141	HALL Jonathan			1	1:11:53,9	00:26:34
43	1158	LJUBICIC Nikola		Påarps Skola	1	1:12:36,1	00:27:17
44	1156	LAURIDSEN Carl			1	1:12:47,9	00:27:28
45	1223	DARIN Hannes		Shoot	1	1:12:48,2	00:27:29
46	1214	PERSSON Erik			1	1:12:55,7	00:27:36
47	1157	LILJEBERG Thomas		Påarps Skola	1	1:15:20,9	00:30:01
48	1170	PIHLSTRÖM Nikolai		Live Laugh Loaf	1	1:15:24,7	00:30:05
49	1226	WENNERLUND Henrik			1	1:15:30,7	00:30:11
50	1161	NORDSTRÖM Pontus			1	1:16:33,5	00:31:14
51	1149	JOHANSSON Emil		Åsljunga-Pallen AB	1	1:17:15,4	00:31:56
52	1155	LARSSON Daniel		Veberöd	1	1:17:30,4	00:32:11
53	1135	BENKE Fredrik			1	1:20:42,0	00:35:23
54	1152	KARLSSON Elias			1	1:26:00,9	00:40:41
55	1219	GUSTAFSSON Björn		FK Boken	1	1:29:06,1	00:43:47
56	1220	TELJE Albin		FK Boken	1	1:29:06,4	00:43:47
57	1056	HALLIN Anton			1	1:32:04,8	00:46:45
58	1205	HALLIN Victor			1	1:32:06,2	00:46:47
DNS	1182	ÅBERG LIND Mikael		Kollebäcks If	0		
DNS	1142	HENELL Jesper		Örkelljunga Kommun	0		
DNS	1146	INGELSTRÖM Jonatan		Gråmanstorp Runners	0		
DNS	1179	THERP Lars			0		
DNS	1166	PERSSON Jesper			0		

Åshöjdenloppet

19 Oktober 2025

DNS	1147	JOHANSSON Rasmus			0	
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Sparbanken Boken



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